

East Woodhay & Highclere Coronavirus Community Support



Highclere Society



EWH Neighbourcare



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Some of our volunteers collecting prescriptions for delivery

How to Obtain Help

Let us know if you need help with prescriptions, shopping, remote IT help or if you would appreciate having a call with someone.

Indeed, if we are able, we will do all we can to help. (We cannot offer medical, legal or financial advice).

Just let us know by calling one of the numbers

07770 834592 – Chris
01635 253378 – Frieda
01635 255582 – Nicole

or enter the request on the website below and we will do our best:
www.ewhneighbourcare.org.uk

The team have:

- Delivered around 3000 flyers across the area
- Delivered over 270 prescriptions
- Started delivering shopping from Woodland and Woolton Hill stores
- Started calling people who are known to be in need of social contact

The feedback we have had from those who have been helped has been so encouraging and uplifting – thank you.

Prescriptions & Medical Support

Woolton Hill Surgery hours have changed and Kintbury Surgery will remain closed due to low staffing levels. Prescriptions can be ordered as usual but must be collected from Woolton Hill Surgery.

Check the website for latest opening times – these have changed this week and are now:

Monday	9.00 am – 6.00 pm
Tuesday	1.30 pm – 6.00 pm
Wednesday	1.30 pm – 6.00 pm
Thursday	9.00 am – 1.00 pm
Friday	9.00 am – 6.00 pm

West Berks Community Hospital Minor Injuries Unit now has reduced opening hours of 10am to 6:30 with a single Practitioner. All other staff are being re-deployed in the fight against Covid-19.

Food & Deliveries

Supermarkets

Here are the updated supermarket opening hours and any special times reserved for the elderly or NHS workers:

Aldi – 8am-8pm, 8am-4pm on Sunday

Lidl – 8am-10pm, 10am-4pm on Sunday

M&S – 8am-8pm, 10am-4pm on Sunday. The first hour of trading on Monday and Thursday will be for the over-70s and vulnerable people only. The first hour of trading on Tuesday and Friday will be for NHS staff only.

Sainsbury's – 8am-8pm. The first hour of trading on Monday, Wednesday and Friday is for the elderly and disabled, and their carers, only. From 7.30am-8am every day, Monday to Saturday the shop will be open to NHS staff and social care workers.

Tesco – 7am-10pm with Newbury's Pinchington Lane and the Burghfield and Baughurst stores all opening at 6am. From 9am-10am on Monday, Wednesday and Friday the store will prioritise elderly and vulnerable customers (not Express stores). One hour before opening on a Sunday will be available to NHS staff with a valid ID.

Waitrose – 8am-9pm Monday to Friday; 8am-8pm on Saturday and 10am-4pm on Sunday. The first hour of trading is being set aside for elderly and vulnerable customers.

Woolton Hill Stores – 01635 253463. Customers on the paper round can order urgent items (milk, tea, etc) in late pm to be delivered the next day. General orders should be made 24 hour in advance. You can also contact the stores to order Fishers Fruit & Veg. Just select which box you want from the Fisher's website <https://www.fisherofnewbury.co.uk>

Woodland Stores, 42 Woodlands, Penwood. 01635 253651 will deliver to customers in Penwood. They are also working with Fishers Fruit and Veg and Halls Bakery – simply place the order with Woodland Stores for delivery <https://www.fisherofnewbury.co.uk> & <http://www.hallsqualitybakers.co.uk>

The Pheasant, Highclere –

01635 253360 They are supplying 'Essential boxes, ready meals and hampers'.

www.thepheasanthighclere.co.uk

Phones are being manned Monday-Friday 9am to 1pm. Also order via email hello@thepheasanthighclere.co.uk

These are available for collection Tuesday - Friday 10am to 12pm
Available for delivery Tuesday – Saturday 10am to 3pm



Highclere Red House

The Red House has a full takeaway & pizza takeaway menu Tuesday - Saturday 12-9.30pm for either collection or delivery within a 3 mile radius.

Wines, Real Ale & Craft Lagers are available to takeaway too as the Premises Licence states that they may "supply alcohol for consumption on and off the premises."

Please see the Coronavirus page www.thehighclereredhouse.com for Today's Specials & Puddings.

This is becoming very popular with many people and pre-ordering (01635 255 531) is advised so that they can ensure a smooth service.

Farm Meat Two of our local farms, both regulars at the Woolton Hill Village Market, are now offering to take orders direct for collection at the farm.

Fernworth Farm is based in Ashford Hill. Contact Jo for an order form listing available meat and poultry, and arrange a collection time. email jo@fernworthfarm.co.uk

Oaktrack Smallholding is in Charlton Down, near Andover. Email littlehatherdenplants@hotmail.co.uk for a listing of current produce available, and to arrange collection

Lusso Pizza & Ice Cream

Lusso pizza and ice cream deliver to our villages every Wednesday. Check the website <https://www.lussokitchen.co.uk> for menu. Delivery is free of charge. You can place orders by email hello@lussokitchen.co.uk or phone 01635 32128

Yew Tree Garden Centre



BEDDING
Mixed Tray of 15
Primroses
£18.00



BEDDING
Primrose - Burgundy
(10.5cm pot)
£1.49

They will continue to offer all their products for home delivery – please phone 01635 255250 to place an order.

Check the website <https://yewtreegc.co.uk> for the latest produce, which includes milk, bread, biscuits and fruit.

Minimum delivery £30. 9am – 4pm Monday – Saturday.

Closed Sunday

Keeping in Touch

Like to video conference with friends and family?

There are quite a few good video conferencing facilities. One popular one is Zoom and it is easy to use. Helen Carlile at the Good Exchange has written these easy to follow instructions.

You don't need to be a 'techie' to use video facilities on your phone or computer.

<https://www.dropbox.com/s/hvruh5mw94omqc1/Zoom%20instructions.pdf?dl=0>



Bins & Council Tax

Bin Collections:

Although the garden waste collections have stopped for the time being, the recycling and black bin collections are planned to continue as arranged. However, the team do not know how many staff will be available to work until each day so please be patient if the bin is not collected on the normal time/day.

Message from Basingstoke & Deane Council – Council Tax:

To help residents pay for their council tax during #COVID-19 we've implemented the following changes:

- All customers paying by instalment will be automatically moved to paying by 10 month instalments starting from June.
- All customers paying by instalment will have their no payment months in April and May 2020 - this is instead of February and March 2021.
- Working age residents supported through our Council Tax Reduction Scheme will receive up to an additional £150 reduction to their bill.

These changes will be automatically applied - you do not need to do anything further.

If customers wish to set up a different payment plan, including reverting to paying over 12 months (rather than the 10 months from June 2020), they will need to email us at localtax@basingstoke.gov.uk <https://www.basingstoke.gov.uk/covid-19-council-tax>

Walking Guidance

In line with the government's advice on taking one form of exercise a day, if you choose to walk you are advised to only walk locally i.e. from your own house and not driving. The points below are important to reduce the likelihood of infection.

- You should walk alone or with people from your household only.
- Keep 2m (6ft) distance from anyone you pass on your walk.
- If you wish to talk to a passer-by, keep 2m apart and minimise the time spent in proximity.
- Avoid touching gates, fences etc. If you do, wear gloves or wash your hands as soon as possible.
- When walking on footpaths across farmland, you should heed the social distancing 2m rule and use the rights of way responsibly, to protect the health and well being of the farm people who are our key food producers.

We are blessed to live in a wonderful area, and we will publish some ideas on safe walks in the forthcoming newsletters.

As a start here is a link to the walks & footpaths section on the website <https://www.wooltonhill.com/footpaths-walks> showing the map of The Chase.

The new social distancing fashion for women



this was sent to me & made me smile....

Keeping Yourself Amused

Art with the Corn Exchange

The Corn Exchange in Newbury is offering a range of FREE activities to suit all members of the family.

1) Weekly Creative Challenge

Each week they will post a Creative Challenge which the whole family can work on together. This week's challenge is to design a personalised family home schooling logo. Your logo could feature family members, pets, favourite subjects, patterns or anything that is meaningful at this time. So long as it reflects you and your family.

SO, what could your family win? The winning entry will be transformed into an official logo by a professional artist, which can then be kept and proudly displayed in your home. See entry details [HERE](#)

2) Art Tutorials for adults

The Corn Exchange also offers FREE art tutorials on line.

Art exercises to do at home - pre-recorded video accessible from the Corn Exchange website

In each episode, The Base resident artist Richard Francis Bellin will explore a different theme of landscape and seascape painting, offering simple and accessible techniques to enable you to continue your own creativity at home.

In the first posting, artist Richard Francis Bellin demonstrates acrylic painting. Click [HERE](#)

The Royal Opera House

They are showing a FREE live programme of full-length productions to spread the joy of ballet and opera during these uncertain times.

As part of the [#OurHouseToYourHouse](#) series, join The Royal Opera and The Royal Ballet for a Facebook Premiere of *Acis and Galatea*

This tale of love, tragedy and liberation is a rare collaboration between the two Companies. Tune in at 7pm BST on 3 April. They will be broadcast via their [Facebook](#) and [YouTube](#) channels.

Short Films

Local screenwriter and producer, Jean Maye has a couple of award-winning short films available to watch online. For information go to <http://www.mousechasedcat.com>

Children Artists

Rainbows for Nightingales have launched an initiative to gather together some bright & beautiful drawings by children to send to the new NHS Nightingale Hospital.

How about taking some time today with your youngsters and drawing some colourful, cheerful pictures? Click [Rainbows for Nightingale](#) to find out how to pass your drawings on. 

Fun Things for the Family

If you are looking for fun activities for the family the following has some great resources and lists out what's on for families during the day.

<https://www.daisychainproject.co.uk/covid-19-resources-for-families>

Fundraising

Thames Valley Air Ambulance is appealing for businesses to donate stocks of personal protective equipment (PPE) to guarantee supplies for its crews during the coronavirus pandemic.

In particular, the charity is requesting:

- Disposable FFP3 respirators protective equipment;
- Fluid-resistant (type IIR) surgical masks;
- Coverall suits category 3 type 5/6;
- Clinical aprons;
- Anti-fog glasses; and
- Anti-bacterial wipes/gel, small and large.



As an independent healthcare charity, Thames Valley Air Ambulance is not currently included in the official PPE distribution system and receives no money from the Government.

If you are in a company or know of a company who are able to support the emergency teams by donating wanted stock, email info@tvairambulance.org.uk or call 0300 999 0135 to leave a message with details or visit www.tvairambulance.org.uk/PPE

Neighbourcare

When you shop online, you can raise free donations for East Woodhay & Highclere Neighbourcare. Over 4,000 shops and sites will donate to us when you use #easyfundraising to shop with them.

If you are not already using this site for other good causes, please sign up and support us using this referral link:

<https://www.easyfundraising.org.uk/c.../ewoodhayhighclerenbc/...>

You will be invited to use an easyfundraising app or to use the website on a computer. It is very easy to do and it will help us with our activities.

For example John Lewis, M&S, USwitch, Amazon are companies registered.

Thanks!

We have had an amazing response to our request for help and around 150 people have come forward as volunteers. This is incredible – thanks.

For now, we have decided to stop actively seeking more volunteers as we believe we can meet the demand with those who have registered.

However, these times are unprecedented and if things change, we will put out another call for help.

The next newsletter will be issued next week.

You can request to receive this newsletter directly by registering via the website below:

www.ewhneighbourcare.org.uk

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